

# Conservative Kidney Management

## CKM Pathway Turns 1!

Just 1 year ago, the provincial Conservative Kidney Management (CKM) pathway was launched. The goal of the pathway is to support CKM patients to live well without dialysis. Early results are showing that the pathway is empowering patients to make informed decisions about their care, improving access to information and healthcare resources, reducing symptom burden, and preserving physical function and quality of life.

The pathway includes a decision aid that helps patients explore their treatment options and determine whether dialysis is right for them. The pathway also includes clinical guidelines on how to manage kidney failure and symptoms conservatively, education materials for patients and healthcare providers, and supportive tools such as a crisis action plans and having conversations about the end-of-life.

The online clinical pathway and materials are publically available to patients, families, and healthcare practitioners at:

**[www.CKMcare.com](http://www.CKMcare.com)**



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## Great Teams, Great Care Award



To view the video submission click here:  
<https://youtu.be/clegme9XNFg>

◀ We are proud to announce that the 4 Renal Insufficiency Clinic (RIC) Pilot sites were recently awarded the AHS Great Teams, Great Care Award for their work on the Conservative Kidney Management project to provide outstanding patient and family-centered care.

The team was featured on the AHS website in a video they submitted highlighting the project and staff. A formal presentation with cake and coffee will be hosted by AHS Recognition Services on Nov 21, 2017 at the next CKM Learning Collaborative. As well, the CKM team created a poster collage (see p.3) and provided a catered lunch in recognition of their teamwork.

**Congratulations RIC Teams!**

## Extra Extra! CKM in the News

On Thurs, Sept 21 the CKM Project was featured on [Global](#) and [CTV](#) news. Check out the video below on how the CKM Pathway is helping patients to live well without dialysis.



### **Patient Story:**

Patient Tom McGee, 80, is a CKM patient at the Grey Nuns Renal Insufficiency Clinic.

“They discussed Tom’s options with us right away at the clinic and he chose not to have dialysis,” says McGee’s wife Chris. “He didn’t want to spend every second day at the dialysis clinic. Quantity is not the key thing; it’s quality of life.”

Tom has lab tests every month and the results go to his nephrologist, nurse, and dietitian, who then review his medications and diet with him. The McGees make the most of Tom’s freedom and are frequent travelers.

“We take advantage of the time we have together,” says Chris. “We’re able to go to Vancouver or Jasper to visit family and friends, and not have to worry about getting to a clinic.”

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**Global:** <https://globalnews.ca/video/rd/1052231235770/>

**CTV:** <http://edmonton.ctvnews.ca/video?clipId=1214729&binId=1.1203428&playlistPageNum=1>



## Follow us on Twitter

The Kidney Supportive Care Research Team is active on Twitter. Follow us to get regular updates about the CKM Project, and send us your comments and feedback!

[@KSCRG\\_ualberta](#)



## Upcoming

**November 2017**

### **Guideline & Website Updates**

Minor updates to Provincial CKM Guidelines, Patient Handouts, and Website to reflect updated evidence and website fixes.

**November 21, 2017**

### **CKM Innovation Collaborative #3**

for Northern Alberta Renal Program Pilot sites  
8:45am - 4pm, Lister Conference Centre  
Edmonton

**December 12, 2017 at 12-1pm**

### **Provincial Telehealth**

Showcase the new and improved Patient Decision Aid tool. Registration info to come.

**March 9-10, 2017 (Save the Date!)**

### **Alberta Kidney Days**

Learn about the CKM Pathway and how to apply it in your clinical setting. Hear staff and patient testimonies, and ask questions of the experts.

[albertakidneydays.com](http://albertakidneydays.com)



Alberta Kidney Days

## Contact Us

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