

# Conservative Kidney Management

## Project Update

The Kidney Health Strategic Clinical Network is developing a provincial clinical pathway that will provide high-quality, evidence-based care for conservatively managed patients who are unlikely to benefit from dialysis.

Over the past few months, the project team has been drafting the clinical guidelines and engaging with stakeholders around the province. To understand the current challenges and opportunities related to conservative kidney care, we hosted two World Café Workshops engaging over 60 multidisciplinary providers, patients and families across the province and care settings (eg: outpatient, family practice, home care, long term care, inpatient, spiritual care,...).

These workshops generated tremendous feedback that is being used to guide the development of the CKM pathway, education plan, and implementation strategy.

Join us in a provincial telehealth to hear about the results of the World Cafés, learn about the draft Clinical Guidelines, and share your feedback:

### Provincial CKM Telehealth: Tuesday, Feb 9 from 9-10:30am

#### Host site:

University of Alberta Hospital, Edmonton  
Walter Mackenzie Centre - Dvorkin Centre

#### Register online for provincial sites:

<https://vcscheduler.ca/register?id=795727-8265>

or email: [ckm.pathway@ahs.ca](mailto:ckm.pathway@ahs.ca)

## What is CKM?

Conservative Kidney Management (CKM) is a treatment option that some end-stage renal patients choose as an alternative to dialysis or transplant.

For some elderly patients, dialysis provides no benefit. These patients are often frail, and experience functional decline and cognitive impairment after starting dialysis. The last days of their lives are often characterized by high rates of hospitalization, ICU admissions, and intensive procedures.

Patients whose chronic kidney disease is managed conservatively (without dialysis) may live as long as patients who elect to start dialysis. They tend to preserve their functional status, maintain a better overall quality of life, and have fewer hospital admissions.

## World Cafés = Success!

Thank you to all of the World Café participants, hosts, and facilitators. In two afternoons, you generated nearly a thousand ideas! When asked how you would rate the workshops you said:

- I feel engaged and heard: 4.8 / 5
- The input gathered at this workshop will be used to make improvements for conservative kidney care in Alberta: 4.7 / 5

Thank you for your meaningful participation!  
Together we can make lasting quality improvement!

## Contact

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# Provincial CKM Telehealth

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**Tuesday, Feb 9 from 9-10:30am**

## **Topics:**

- ✓ What we heard about your current challenges & opportunities
- ✓ Learn about the draft Clinical Guidelines & share your feedback

## **Host site:**

University of Alberta Hospital, Edmonton  
Walter Mackenzie Centre - Dvorkin Centre

## **Register online / Add a Telehealth Site:**

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or email: [ckm.pathway@ahs.ca](mailto:ckm.pathway@ahs.ca)

## **Sites registered as of Dec 31, 2015:**

- Teleconference only: 1 (866) 236-8306; Part Code 2985419
- CAL - Foothills Medical Centre - Special Services Building - Renal Unit Rm 2737
- CAL - Sheldon M Chumir Health Centre - Rm 3119
- CAL - Southport - Rm 1104
- CAL - Sunridge Mall - Rm 3000
- EDM - Cross Cancer - Rm 1504
- EDM - Grey Nuns Hospital - Renal Rm DC104
- EDM - Grey Nuns Hospital - St Marguerite Building - Rm DC415
- EDM - Kingsway Professional Bldg - Home Care North East
- EDM - Royal Alexandra Hospital - Robbins Pavilion - Rm 5S149
- EDM - UAH - Walter Mackenzie Centre - Dvorkin Centre (host site)
- Fort McMurray - Northern Lights Health Centre Boardroom
- Grande Prairie - Queen Elizabeth II Hospital - Discovery Rm (Level 0)
- Lethbridge - Chinook Regional Hospital - Renal Program Rm 2K119
- Lloydminster Hospital - Clinical Rm 820-2681
- Medicine Hat Regional Hospital - Rm 1
- Okotoks Health & Wellness Centre - Rm 1426
- Red Deer - Renal Insufficiency Clinic - Rm 206
- Red Deer Hospital - Telehealth Conf Rm 3401